

What's happening in Lewisham

Mental Health

Our 2017/18 improvement plans for mental health services for adults, include:

- Developing an **Enhanced Primary Care Mental Health Service**, to increase the range of treatments available within GP practices. This will support people with mental health needs to live well in the community.
- Continue to enhance our range of **crisis services** and ensure individuals have the right information of where to access support whenever they experience a crisis.
- Improving the **perinatal service** to ensure that women, infants and their families have access to appropriate, high-quality specialist mental health care, closer to home immediately before and after giving birth.
- Working in partnership with GP practices and our neighbourhood teams to enhance the support available to people living with dementia and their carers and to enable them to 'live well' in the community. Also to facilitate an early discharge from hospital back into the community with additional support.
- Continue to improve our integrated **Neighbourhood Community Care Model**, to better meet people's physical and mental health needs.
- Working with partners to develop a local **Suicide Prevention Strategy** to reduce and prevent the incidence of suicide.
- Improving **talking therapy (IAPT)** services.
- Improving **early intervention** services for people experiencing their first episode of psychosis.
- Modifying skill mix and staffing so we are able to provide an effective core mental health service twenty four hours a day, seven days a week for people entering urgent and emergency care (**Psychiatric Liaison Core 24**).

