

What's happening in Lewisham

Maternity services

In Lewisham we want to support women during their maternity experience, offering high quality local care services, from midwifery and birth care to postnatal and mental health support.

Our aims are:

- To provide safer care for women and babies, with the right specialist support put in place quickly. University Hospital Lewisham is participating in the **Poppie project**, focused on women at risk of premature birth, offering them special surveillance and care during pregnancy, labour and after birth.
- To offer every woman her own midwife, part of a small team of midwives based in the community, who can provide continuity before, during and after birth.
- To prioritise the early take up of maternity services to enable the early identification of child health issues and mothers at risk, and ensure that targeted services through our **Family Nurse Partnership** and **Maternal Home-visiting** are available to support women at greatest risk of poor outcomes.
- To continually improve maternity services based on learning and feedback, engaging and hearing the voice of service users through projects such as **Whose Shoes**.
- To promote access to high quality mental health services to all women in the weeks close to birth and after birth. The initiative **Mindful Mums**, delivered through our children centres, supports pregnant women and new mums to look after themselves, stay resilient and emotionally well.

