



**Lewisham  
Clinical Commissioning Group**

# Our Plans for Improving Your Health



# Our Plans for Improving Your Health

This summary sets out how Lewisham GPs are planning to use available NHS resources to make sure that their patients and local residents get good quality, safe and effective health services that will meet their needs. We would like your views on these plans.

## 1. Who are we?

NHS Lewisham Clinical Commissioning Group (CCG) was set up April 2013 as part of changes to the NHS which put GPs in charge of making decisions about what health services need to be available for their patients.

The CCG is led by Lewisham GPs and every GP practice in Lewisham is a member and able to have a say on the decisions that are made. The CCG is in charge of planning, monitoring and buying (called 'commissioning') most of the health services needed in Lewisham.

NHS England is the organisation responsible for commissioning other health services such as GPs, pharmacies, dentists, opticians and some specialist services.



## 2. What do we do?

The CCG has a long term vision to provide better health, best care and best value for all Lewisham residents. We have plans in place for how we will commission the services that will help us to achieve this vision.

We work closely with the public, patients and other partners such as the council, health providers and the voluntary sector to develop our plans.

We also work with other CCGs in south east London. Joining together in this way means we can make improvements quicker and learn from each other.

How will we know if we are getting this right? We will know this is working if people are living longer and have a better quality of life. We measure this in many ways including through health statistics and from the experiences patients have from their local health services.

## Our visions and values



## 3. The Picture of Health in Lewisham

Lewisham has a young, vibrant and mobile population of around 285,000 people. It is estimated that as many as 20% of residents move in and out of the borough every year. This places a greater demand on health services and makes it more difficult to provide services such as screening and immunisations.

### General population

- Around a quarter of residents are under 20 years old
- Population expected to grow over the next five years especially in the 20 to 64 age group
- 49% are male and 51% are female
- Two out of five residents are from a black and minority ethnic (BME) background

### Deprivation

- Deprivation in Lewisham is increasing
- Evelyn is the most deprived area
- High proportion of one person households (34%)
- Higher proportion of single parent households compared to London and England

### Health in Lewisham

- Life expectancy is below that of London and England for both men and women. This is improving but there is still differences in some parts of Lewisham.
- The main causes of death are cancer, circulatory disease and respiratory disease. This is similar to many other parts of the country.

### Health inequalities

- Unemployment, lack of education and living in poor conditions can have an impact on health.
- Uptake of breast screening is lower in black women.
- Black teenage girls are 74% more likely to get pregnant than white teenage girls.
- White men and women are more likely to be admitted to hospital with alcohol related problems.

## 4. What are our plans?

We have produced commissioning intentions which explain what services we plan to commission from health providers to meet the health needs of our residents. These will be turned into formal contracts with providers and our operating plans for the next two years.

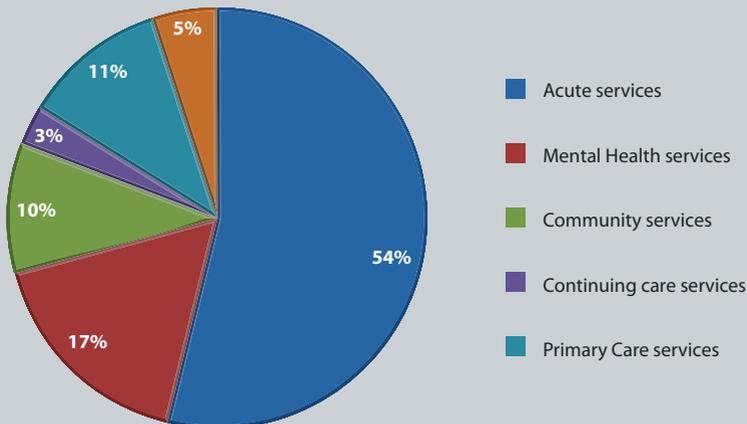
We would like your views on these plans. There is information in section seven on how to do this.

## 5. How much do we have to spend on services?

We have around £365million to spend on the healthcare services we are responsible for in Lewisham. The way we split this money is shown on the chart.

We face many challenges. The population is growing and people are living longer which means there is more demand for services. There are advances in technology and new treatments and medication available which are expensive. This means that we have, with the help of our partners and the public agreed which areas we must focus on over the next two years. We believe that these will help us to give our patients and residents the best improvements to their health.

### Commissioning Budget 2013-14



## 6. What will we focus on in our plans?

We plan to focus on eight areas over the next two years:

- 1. Health promotion – helping people to improve their health.**
- 2. Maternity services and children’s care**
- 3. Frail older people (including care for those nearing the end of their life)**
- 4. Supporting people with long term conditions**
- 5. Mental health**
- 6. Primary care and planned care**
- 7. Urgent care**
- 8. Improving care for adults that need both health and social care**

We have developed a brief summary of each of these areas which describe what each means, the issues in Lewisham, what we intend to do about it and the benefits our work will bring to patients and residents.

These summaries are available at [www.lewishamccg.nhs.uk](http://www.lewishamccg.nhs.uk)

## 7. How can you have your say?

Lewisham people are at the centre of all that we do. We want you to be involved in our planning and we value your views.

We have some questions that we would like to ask you about our commissioning intentions. We will use what you tell us to adjust our plans before they are turned into more formal contracts with local healthcare providers and our operating plans for the next two years. You can give your views in the following ways:

- **Attend a local event - listed on our events Calendar**  
- [www.lewishamccg.nhs.uk/GetInvolved](http://www.lewishamccg.nhs.uk/GetInvolved)
  - **Complete the online survey**
  - **Complete the paper survey and return in the freepost envelope that you can collect from any Library in Lewisham**
-

NHS Lewisham Clinical Commissioning Group,  
Cantilever House,  
Eltham Road,  
Lewisham,  
SE12 8RG

Telephone: 020 7206 3200  
Web: [www.lewishamccg.nhs.uk](http://www.lewishamccg.nhs.uk)

