



Lewisham
Clinical Commissioning Group

Prospectus

2013-14



 Better health, best care
for Lewisham people

Introduction

Welcome to the first commissioning prospectus from NHS Lewisham Clinical Commissioning Group (Lewisham CCG). It is a short guide to our plans for 2013-14, and explains our responsibilities and how we are working to carry them out.

Lewisham CCG was set up on 1 April. We are a membership organisation which means each of the GP practices in Lewisham is a member and helps to make decisions. Clinicians are now responsible for commissioning (that is planning, buying and monitoring) most of the health care services we need in Lewisham and making sure local residents receive high quality, safe health services which are good value for money.

To do this, we work in partnership with other local organisations in the borough and neighbouring areas, building on the strong relationships that we have developed over time. We also have some challenges: financial resources are limited, there are very many health needs in the Borough, and local hospitals are being re-organised.

We want your comments on our plans and priorities. We have included information on how you can get involved and how you can get more information about our plans and how we work.



Who We Are

Lewisham CCG took over full responsibility for planning and buying most of the healthcare services for Lewisham residents on 1st April 2013. These services include:

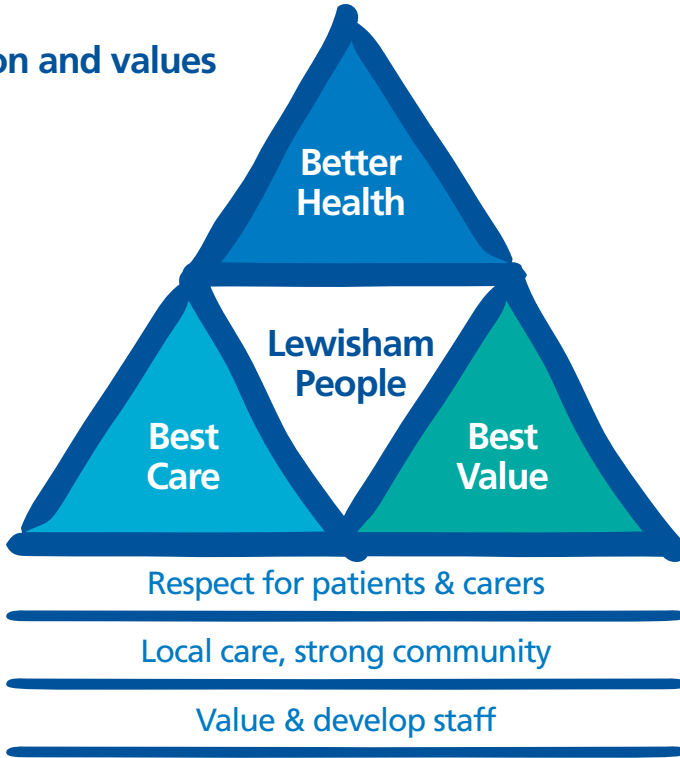
- Hospital care
- Rehabilitation care
- Urgent and emergency care
- Most community health services
- Mental health and learning disability services

Primary care services such as GPs, pharmacists, dentists and opticians and some other specialist services are commissioned by the newly formed independent NHS England.

Our aim is to secure the best possible health and care services for Lewisham residents in order to reduce health inequalities and improve health outcomes. We will do this by using findings about the health needs of our population to identify priorities and to make plans for how healthcare can be provided. We have contracts with a range of health service providers that includes NHS and private hospitals and voluntary sector organisations. We monitor how well the services are being delivered to ensure that they are meeting the needs of our patients, that they are safe and of high quality, and that they are providing value for money.



Our vision and values



As we make our plans, carry them out and monitor them, we will always aim for:

- Better Health**
Improving health outcomes for our local population
- Best Care**
Transforming the delivery of services
- Best Value**
Increasing efficiency

We are overseen by NHS England which makes sure that we have the capacity and capability to commission services successfully and to meet our financial responsibilities.

As a membership organisation, our GP member practices work closely in local or neighbourhood groupings, to discuss common problems that are arising, and to see how local services can be improved and co-ordinated better.

GP Practices in Lewisham

● Neighbourhood 1 Practices

- 1 Mornington
- 2 Queens Road
- 3 Kingfisher MC
- 4 Clifton Rise
- 5 New Cross Health Centre
- 6 Grove Medical Centre
- 7 Vesta Road
- 8 Amersham Vale Training Practice
- 9 Deptford Surgery
- 10 Dr Batra Surgery
- 11 Deptford Medical Centre

● Neighbourhood 2 Practices

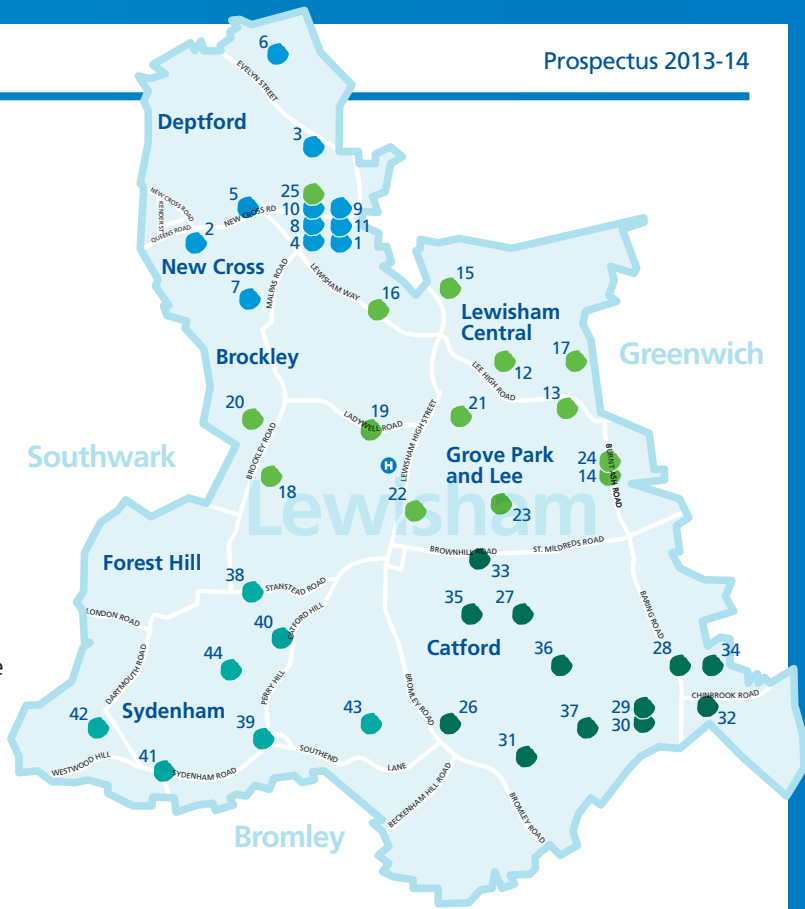
- 12 Belmont Hill
- 13 Lewisham Medical Centre
- 14 Lee Health Centre
- 15 Morden Hill
- 16 St Johns Medical Centre
- 17 Lee Road
- 18 Brockley Road
- 19 Hilly Fields Medical Centre
- 20 Honor Oak
- 21 Triangle
- 22 Rushey Green
- 23 Woodlands Health Centre
- 24 Nightingale
- 25 Hurley Group Practice

● Neighbourhood 3 Practices

- 26 South Lewisham
- 27 Torridon Road
- 28 Baring Road
- 29 ICO Moorside Clinic
- 30 Downham Family Practice
- 31 Winlaton
- 32 ICO Chinbrook
- 33 Parkview
- 34 ICO Marvels Lane Health Centre
- 35 Muirkirk Road
- 36 ICO Boundfield Road Medical Centre
- 37 Oakview

● Neighbourhood 4 Practices

- 38 Jenner
- 39 Sydenham Green
- 40 Woolstone Medical Centre
- 41 Sydenham Surgery
- 42 Wells Park
- 43 Bellingham Green
- 44 Vale Medical Centre



The GPs in Lewisham have elected seven representatives, including the CCG Chair Dr Helen Tattersfield, to lead clinical commissioning in Lewisham. As well as spending time on commissioning, these GPs are still practising clinicians and they work closely with other doctors to share information about the services that people need.

They are members of the CCG's Governing Body, along with two lay members, a nurse and a hospital doctor as well as two senior managers (the CCG's Chief Officer and Finance Director). The Governing Body has responsibility for agreeing commissioning plans, ensuring public funds are spent correctly and for monitoring the quality and safety of services.

The members of the Governing Body are:

Dr Helen Tattersfield	GP and CCG Chair
Ray Warburton OBE	Lay Member and Deputy Chair
Diana Robbins	Lay Member
Dr David Abraham	GP and Senior Clinical Director
Dr Faruk Majid	GP and Senior Clinical Director
Dr Judy Chen	GP and Clinical Director
Dr Hilary Entwistle	GP and Clinical Director
Dr Arun Gupta	GP and Clinical Director
Dr Marc Rowland	GP and Clinical Director
Professor Ami David MBE	Registered Nurse Member
Position vacant	Secondary Care Doctor
Martin Wilkinson	CCG Chief Officer
Tony Read	CCG Director of Finance



Health in Lewisham

Lewisham has a young, vibrant and mobile population of over 270,000 people with estimates that as many as 20 per cent move in and out of the borough each year. This places a great demand on health services and makes it more difficult to provide services such as screening and immunisation programmes.

We live and work in a richly diverse inner London borough, but one which experiences high levels of deprivation, inequalities and unemployment. The population is growing with an expected increase of eight per cent in children and young people under 15 and seven per cent amongst adults under 65 by 2015.

Facts about Lewisham

- One in four residents is aged under 19 years.
- One in seven are 60 and above compared with one in five in England.
- 49% are male and 51% are female.
- Lewisham is the 15th most ethnically diverse borough in England.
- Two out of five residents are from a black and minority ethnic (BME) background.
- The largest BME groups are Black African and Black Caribbean.
- Over 170 languages are spoken by pupils in Lewisham schools.
- Life expectancy is below that of London and England for both men (76 years) and women (81 years). This is improving across the whole borough although there is still variation in different areas.
- The main causes of death in Lewisham are cancer, circulatory disease and respiratory disease. This is similar to many other parts of the country. Compared with London as a whole men and women are more likely to die prematurely, that is under the age of 75 from these conditions.

Health challenges in Lewisham

- Almost 40% of children in year 6 (aged 10 to 11) are overweight or obese.
- About 21% of the population are smokers, with higher rates amongst those on low incomes.
- Over 30,000 residents are estimated to have undiagnosed and therefore untreated high blood pressure.
- 40% of patients with diabetes do not have adequately controlled blood sugar levels.
- Almost 40,000 people a year experience depression, anxiety, panic attacks and phobias.
- 1 in 4 HIV infections are diagnosed late when treatment is less effective.

You can find out more information on Lewisham's health and wellbeing in the 'Joint Strategic Needs Assessment' at www.lewishamjsna.org.uk

Working together

We are working closely with other organisations to ensure that we are making the best plans for people in Lewisham and to co-ordinate local health and care services.

Health and Well-being Board

We are a member of Lewisham's Health and Well-being Board. The Board is chaired by Lewisham's mayor and brings together individuals from the main organisations that deliver health and care services as well as the borough's voluntary and community sector. At the Board, the views of citizens and patients are provided by Healthwatch Lewisham. Healthwatch is a new organisation set up to work with local people to help improve and influence health and social care services. It provides opportunities for people to have their say about the quality and development of these services.





Joint Commissioning

We share some commissioning staff teams with Lewisham Council where it makes sense to do so such as where there are close connections between health and social services. This 'joint commissioning' includes mental health services, services for older adults, physical disabilities, and some children's services.

The Public Health team at the London Borough of Lewisham provide us with information on the health needs of our population, and we also work closely with them on healthy living priority areas such as alcohol, smoking and poor nutrition.

We work closely with our neighbouring CCGs in south east London, particularly where people from our boroughs may go to the same hospitals and where services may be changed or re-organised.

Local Services

Lewisham Healthcare NHS Trust is our main provider of community and hospital services for our residents. Lewisham residents also use King's College Hospital, Guy's Hospital and St Thomas's Hospital. Mental health services are mainly provided from the South London and Maudsley NHS Foundation Trust.

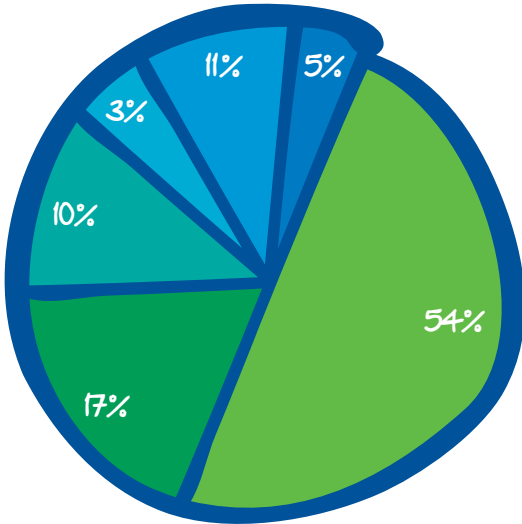
Following a review in 2012 of hospital services in south east London and the breakup of the South London Healthcare NHS Trust, there will be a reorganisation of hospital services. We will be working with other CCGs and the hospitals to ensure high quality and safe services continue to be provided during and after the changes. Currently Lewisham Hospital is continuing to operate as normal and there will be no changes for at least two to three years and not until other arrangements are put in place.



Our Plans

Budget

We receive around £365m to commission most of the healthcare services in Lewisham. We plan to use this as follows:



- Acute services
- Mental health services
- Community services
- Continuing care services
- Primary care services
- Other

Priorities

Based on the main health needs in Lewisham we have identified three areas to focus on for the next few years:

Healthy living for all – helped to live healthy lifestyles, make healthy choices and reduce health inequalities

Frail and vulnerable people – supported and cared for with all aspects of dignity and respect

People with Long Term Conditions – empowered by having greater choice to manage their condition

We have set a number of targets for 2013-14 that we will be working towards that will ensure we are making improvements in these areas. These are:

Healthy living for all

- Increasing the number of people who give up smoking.
- Reducing the number of people admitted to hospital because of harm caused by alcohol.

Frail and vulnerable people

- Avoiding older people being admitted to hospital unnecessarily.
- Supporting frail and vulnerable people to have their care managed within the community.

Long term conditions

- Increasing the number of people with long term conditions who feel they are supported to manage their condition.
- Increasing the number of people with depression or anxiety who receive treatment.
- Ensuring that we continue to support the diagnosis of people suffering from dementia.

A 'long term condition' is a health problem that cannot be cured but can be controlled by medicines or other treatments. Examples include diabetes, heart disease, chronic obstructive pulmonary disease (COPD), dementia, depression, and there are many more.

Improvements to Health Services

The Quality, Innovation, Productivity and Prevention (QIPP) programme is the national initiative that aims to make the NHS work more efficiently, so that there are more funds available for treating patients and to allow the NHS to respond to changing demands and new technologies.

Our QIPP programme in Lewisham aims to build closer working between healthcare professionals and their patients so that more people feel that they have the right care at the right time in right place. The experiences patients have of using local services also feed into this programme. These are the main initiatives that we will be carrying out this year.

Priority Areas	Initiatives	What we are aiming to achieve
Healthy Living for All	Giving up smoking	More people give up smoking because they are better supported by their GP practice.
Long-Term Conditions	Care plans for all patients with long-term conditions	Patients are more involved in making plans for how their condition is managed. We will start this programme with patients with diabetes and then introduce it to other patients with other long-term conditions.
	Identifying patients likely to go into hospital	We will introduce a system so that patients with long-term conditions are less likely to go to hospital because their doctors are able to work better with them to predict when they might need to.
	Diabetes	We will improve access to education and information for patients, provide a Community Champions Programme for the black, Asian and minority ethnic communities with support from Diabetes UK. We will improve access to diabetes care and find more people with diabetes who have not yet been diagnosed, and encourage doctors and nurses in different services to work more closely together.
	Chronic obstructive pulmonary disease (COPD)	Screen more people to see if they have this condition which causes breathing problems.
	Mental health	We will ensure that people are receiving the right services at the right time to meet their mental health needs.

Frail & Vulnerable People	Older people	Early identification of dementia and medical cover in care homes will be improved.
	End of life care	Enable more GP practices to run the 'Co-ordinate My Care' scheme which is an electronic record of the wishes of people about the treatment they receive during the final stages of their lives which can be used by different services.
Long-Term Conditions and Frail & Vulnerable People	Medicines management	We will improve prescribing by clinicians and support patients to take their medicine.
	Urgent Care	We have an integrated urgent care service based at Lewisham Hospital run by primary and secondary care clinicians and will continue to review and develop this service.
	Integration	Enable different organisations to work closely together to provide better services for Lewisham patients. For example, allowing GPs direct access to tests for patients with chronic headaches, and more local provision of some cancer services and heart testing.
	Hospital productivity and efficiency	We will ensure that the hospitals that our patients go to perform well by checking that: <ul style="list-style-type: none"> • Patients are admitted to hospital only when absolutely necessary after attending A&E. • Patients get enough hospital appointments to treat their condition and the right level of follow up and referrals (where required) between consultants. • There is an appropriate amount spent on prescribing, drugs and devices. • Patients don't have to stay too long in hospital once they are admitted. • Patients are treated in the best setting (ie day case, outpatients etc) using the most advanced and appropriate technology.

By making these improvements to the way services are provided we are aiming to make savings of £12.1m over the next year to be reinvested to support patient services.

Have your say

It is very important that we design and deliver health services in Lewisham that meet the needs of our residents. Lewisham people are at the centre of everything we do, and we value your involvement and views as we decide on our priorities and make plans for the future.

At the end of January 2013 we held an event attended by more than 60 people. They confirmed that our priority areas of healthy living for all, frail and vulnerable people, and long-term conditions were the right ones to focus on, and they welcomed the opportunity to contribute and have their say.

We will continue to involve and seek the views of patients and the public. We are encouraging all GP practices to have their own patient participation groups, and we will be developing ways of collecting local information from them so that we can improve services.

If you are interested in joining a group, ask at your GP practice, or alternatively let us know by contacting our Engagement Officer at lewccg.enquiry@nhs.net or call **020 7206 3200**.

Local people are involved in our service improvement plans, such as the Community Champions Programme planned for diabetes and the 'breathe easy' group, a self help support group for the COPD pulmonary rehabilitation programme.



We are developing our plans for more engagement with the public, and new opportunities for involvement will be posted on our website later this year.

Our Governing Body meetings are held in public so that local stakeholders and residents can see and hear how we conduct our business to commission services. There is the opportunity

for members of the public to ask questions at each meeting. Patients are represented by Healthwatch Lewisham. The dates of future Governing Body meetings are published on our website www.lewishamccg.nhs.uk or you can call **020 7206 3200**.

Before we completed this prospectus we asked some patients what they thought of it to ensure that it was providing information that was clear and useful. If you have any comments on how we can improve the way in which we provide information for patients and the public, please contact us in one of the ways shown on the back cover of this booklet.





Contact Us

You can find out more about the CCG at:
www.lewishamccg.nhs.uk

Follow us on Twitter:
[@nhslewishamccg](https://twitter.com/nhslewishamccg)

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